GUEST ACTIVITIES

Your activities range from sightseeing and activities for active person range to spiritual and cultural experiences as well just a relaxation in the midst of your Wellness activities. Any of them are designed personally for your greatest experience. Please contact your Resort Butler or dial extension of or arrangement and more information.



Sunrise Yoga

Yoga offers physical and mental health benefits for people of all ages. And, if you're going through an illness, recovering from surgery or living with a chronic condition, yoga can become an integral part of your treatment and potentially hasten healing.



Ubud Cycling Tour

Ubud Cycling Tour is one fun outdoor activities that everybody can join. Since you are already in Ubud, don't miss beautiful spots that you only hear about. Our tour guide will take care of you during the trip and escort you to visit coffee plantation and panoramic rice fields that you will witness by yourself. Do not forget to bring a camera with you to memorize the charming village of



Ubud Trekking

Besides Ubud is well known for its fine arts and cultures. Ubud is also popular by its location lies between rice fields and forests that makes beautifully landscaped. Not to miss this creation of nature, the Resort can organise trekking for those who want to witness Ubud people when they do morning start and how they preserve their land, away from galleries, museums, shops that you see most the outside of Ubud



Mocktail Class

A mocktail is a cocktail without the liquor. Instead, juices, sodas, infused waters and many other non-alcoholic ingredients, mixed in just the right ratios, provide flavor. Current mocktails go beyond the syrup and sugar of classic recipes to offer a wide range of flavors. These innovative recipes can be the perfect accompaniment for a dinner commonly served with an alcoholic beverage or simply enjoyed by themselves.

Shake...shake...shake...Can you do it?. Let's see if you can make a glass of tastiest mocktail in your life.



Balinese Offerings

"Canang Sari" is one of the daily offerings made by Balinese Hindus to thank the Sang Hyang Widhi Wasa (God of Hindus) in praise and prayer Canang Sari will be seen in the Balinese temples, on small shrines in houses, and on the ground or as a part of a larger offering. It is easy to make.



Balinese Dance

Balinese dance is an ancient dance tradition that is part of the religious and artistic expression among the Balinese people of Bali island, Indonesia. Balinese dance is dynamic, angular and intensely expressive. Balinese dancers express the stories of dance-drama through the bodily gestures including gestures of fingers, hands, head and eyes. Show that you can do it as Balinese people do, and join us this Balinese practice.



Rindik Practice

Rindik is one of the traditional Balinese musical instruments and has become a hallmark of Balinese culture. Rindik is made of bamboo with a celendro tone and is played by beating it. This musical instrument is usually played by 2-5 players, where 2 people beat Rindik and the rest are for the flute and gong pulu. There are five basic notes that are owned by Rindik. At first Rindik was only made as a tool to entertain farmers in the fields. Rindik is also commonly used as musical accompaniment to folk entertainment 'Joged Bumbung'. However, along with the times, now Rindik is more flexible in its use.



Cooking with Chef

While staying in the hotel, there are many things you can do; soak in the pool, read your favorite novel, laze around in the room or else? Why don't you find a fun thing that open your inner gift of cooking?

Chef Raymond can show you how to pick fresh ingredients from the market until how you prepare and cook "Sate Lilit & Pepes Ikan (mince satay & spiced steamed fish).