



ABISENA

UBUD

Wellness & Resort
Transforming the Beauty of Heritage

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Om Swastiastu

Dear Valued Guest,

A very warm welcome to Abisena Wellness and Resort Ubud

Thank you for choosing us during your journey in Bali.

Our entire team is excited to host you and ensure that your stay is seamless and truly memorable.

We wish you a remarkable experience during your stay with us.

Warm regards,

Your Abisena Family's

As our valued suite guest, we are pleased to offer you a range of unique facilities and exceptional privileges.

OPENING HOURS

Runara Restaurant	07:00 – 23:00 <i>last order at 22:30</i>
Sundowner	17:30 - 18:30 <i>at Sadha Lounge</i>
Main Pool	09:00 – 21:00 <i>at Sadha Lounge (1 X time cocktail and canapes free of charge)</i>
Dirasha Wellness	09:00 - 21:00
Fitness Centre	06:00 - 21:00 <i>at Dirasha Wellness (Free of charge)</i>
Sauna and Steam Room	09:00 - 21:00 <i>at Dirasha Wellness (Free of charge, based on request)</i>
Plunge Pool and Jacuzzi	09:00 - 21:00 <i>at Dirasha Wellness (Free of charge, based on request)</i>
Yoga Shala	07:00 - 08:00 <i>Free classes on monday,wednesday and friday (Hatha Yoga)</i>
Yoga Shala	09:00 – 10:00 <i>Scent of Dirasha (Boreh experience)</i>
Agnira Space	17:00 – 18:00 <i>Free Sunset Yoga on tuesday,thursday and sunday. special event based on request</i>
Minibar Selection	Available daily in room with additional charges

Should you require further assistance, our team is available 24/7
Simply press '0' on your room telephone or contact our
Punggawa by WhatsApp :
+62 811-3866-123

PAON TARRU IDR. 1.600.000 ** / Couple

Authentic Balinese Cooking Experience

Daily from :08:00 - 09:00 (Morning Market) | 09:00 - 14:00 (Cooking Class)

Booking Requirement :

- *Booking is mandatory and must be made at least two hours in advance with a morning market.*
 - *Booking is mandatory and must be made at least before 12.00 without the morning market.*
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SANJA LOKHA IDR. 2.500.000 ** / Couple

Sanja Paint and Sip

Daily (Except Tuesday & Wednesday) : 15:00 - 18:00

Booking Requirement: Mandatory booking two days in advance with a cancelation policy.

SATYA RAGHA IDR. 2.000.000 ** / Couple

A Sacred Purification Ritual

Subject To Request : 09:30 - 14:00

Booking Requirement: Mandatory booking one day in advance.

SEMARA RATIH IDR. 2.500.000 ** / Couple

Intimate Dinning Experience

Daily from : 19:00 - 22:00

Booking Requirement: Mandatory booking one day in advance.

SANJA LOKHA IDR. 350.000 ** / Couple

Sanja Afternoon Tea and Picnic

Daily from : 11:30 - 17:00

Booking Requirement : Mandatory booking two hours in advance.

KELIKI TREASURE

Morning Walk Experience

Complimentary for In-House Guest

Daily from : 07:00 - 09:00

MEBOREH BLISS

A Journey to Rejuvenation

Complimentary for In-House Guest

Daily from : 09:00 - 10:00

SANJA LOKHA

Sanja Cocktail Class

Complimentary for In-House Guest

Daily from : 14:00 - 15:00

MEBUSUNG AYU

Making Art From Coconut Leaf

Complimentary for In-House Guest

Daily from 14:00 - 15:00



SEJAMUAN

Making Loloh Experience

Complimentary for In-House Guest

Daily From 11.00 - 12.00

SHALA SARI

Making Canang Rebong

Complimentary for In-House Guest

Monday & Wednesday : 14:00 - 15:00

TEMU SANJHA

Sunset Yoga

Complimentary for In-House Guest

Tuesday, Thursday and Sunday : 17:00 - 18:00

SHALA SUCI

Making Jajan Suci

Complimentary for In-House Guest

Tuesday & Thursday: 14:00 - 16:00

TEMU SAWANA

Morning Yoga

Complimentary for In-House Guest

Monday, Wednesday and Friday : 07:00 - 08:00

MELODIAN OF BREEZE

Balinese Rindik Performance

Complimentary for In-House Guest

Every Monday : 18:00 - 20.00

At Sadha Lounge

MELODIAN OF BREEZE

Live Acoustic

Complimentary for In-House Guest

Wednesday & Saturday : 19:00 - 21:00

At Runara Restaurant



DAILY ENTERTAINMENT

<p>MONDAY 18:00 - 20:00</p> <p>SADHA LOUNGE</p> <p>Balinese rindik performance</p>	<p>TUESDAY 18:00 - 20:00</p> <p>SADHA LOUNGE</p> <p>Monkey king and internal flame</p>	<p>WEDNESDAY 19:00 - 21:00</p> <p>RUNARA RESTAURANT</p> <p>Solo acoustic facing the stargate at Runara Restaurant</p>
<p>THURSDAY 19:00 - 21:00</p> <p>RUNARA RESTAURANT</p> <p>Balinese dance performance</p>	<p>FRIDAY 18:00 - 20:00</p> <p>SADHA LOUNGE</p> <p>Balinese gender performance</p>	<p>SATURDAY 19:00 - 21:00</p> <p>RUNARA RESTAURANT</p> <p>Solo acoustic facing the stargate at Runara Restaurant</p>